



1100 Wheaton Way Ste F, Bremerton, WA 98310  
Phone (360) 621-2696 | Fax (844) 602-4646  
www.TheManetteClinic.com

## New Patient Initial Intake Form

Please fill out entire form to the best of your ability.

### BASIC INFORMATION

**Name:** (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

**Nickname:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **SSN#:** \_\_\_\_\_

**Sex:** Male Female Unknown

**Gender Identity:** Male Female Male-to-Female Female-to-Male Genderqueer Other

### CONTACT DETAILS

**Mailing Address:** \_\_\_\_\_  
Street/P.O. Box City/State Zip Code

**Physical Address:** \_\_\_\_\_  
Street City/State Zip Code

**Email:** \_\_\_\_\_

**Phone:** (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

(Work) \_\_\_\_\_ **Can we call you at work?** YES NO

**Preferred Communication:** EMAIL HOME CELL

### ADDITIONAL INFORMATION

**Marital Status :** Single Married Divorced Widowed Separated Minor

**Race:** American Indian/Alaska Native Black/African American Pacific Islander White Asian Other

**Are you of Hispanic or Latino/a origin?** YES NO **What is your preferred language?** \_\_\_\_\_

**Employment Status :** Employed Non-Employed Full-time Student Part-time Student

**Occupation:** \_\_\_\_\_ **Employer:** \_\_\_\_\_

**How did you hear about our practice?** \_\_\_\_\_

**Emergency Contact:** Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_ (Work) \_\_\_\_\_



1100 Wheaton Way Ste F, Bremerton, WA 98310  
 Phone (360) 621-2696 | Fax (844) 602-4646  
 www.TheManetteClinic.com

**INSURANCE INFORMATION**

Do you have health insurance? (CIRCLE) YES NO If No, skip to the next section.

Primary Insurance Name of Carrier: \_\_\_\_\_

ID #: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Do you have secondary insurance? YES NO Name of Carrier: \_\_\_\_\_

ID #: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

\*If your insurance is Tricare of any kind, please also include:

Policy Holder's Date of Birth: \_\_\_\_\_ Policy Holder's SSN#: \_\_\_\_\_

**CONTACT DETAILS for Legal Guardian/POA**

I am the legal Guardian or POA for this patient. In addition, I have a notarized copy of the Guardianship or POA paperwork that confirms this and will provide The Manette Clinic with a copy of this document.

CIRCLE: YES NO If No, skip to the next section.

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Street/P.O. Box City/State Zip Code

Billing Address (If different than mailing address. This address is where we would send patient billing invoices.)

Street City/State Zip Code

Email: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

(Work) \_\_\_\_\_ Relation to patient: \_\_\_\_\_

**Other INDIVIDUALS to be listed as contacts for this patient (include name, contact info and relation to patient):**

1. \_\_\_\_\_  
 PRINTED NAME PHONE NUMBER EMAIL ADDRESS RELATION TO PATIENT

2. \_\_\_\_\_  
 PRINTED NAME PHONE NUMBER EMAIL ADDRESS RELATION TO PATIENT



1100 Wheaton Way Ste F, Bremerton, WA 98310  
 Phone (360) 621-2696 | Fax (844) 602-4646  
 www.TheManetteClinic.com

**HEALTH HISTORY**

**Presenting Problem:** \_\_\_\_\_

**Please circle to indicate if you have ever had any of the following:**

- |               |                  |                   |                      |                  |
|---------------|------------------|-------------------|----------------------|------------------|
| AIDS/HIV      | Anemia           | Arthritis         | Blood Disease        | Cancer           |
| Cataracts     | Colds (Frequent) | Diabetes          | Digestive Problems   | Eczema           |
| Epilepsy      | Headaches        | Hepatitis         | Herniated Disc       | Herpes           |
| Hypertension  | High Cholesterol | Kidney Disease    | Liver Disease        | Lyme             |
| Miscarriage   | Pneumonia        | Prostate Problems | Ulcers               | Stroke           |
| Tumors/Growth | Tuberculosis     | UTI               | Rheumatoid Arthritis | Venereal Disease |

**Please list or attach any medications you are currently taking** (be sure to include dosage & frequency): \_\_\_\_\_

**Please list or attach any supplements you are currently taking** (vitamins/herbs/minerals): \_\_\_\_\_

**Please list or attach any surgeries and/or hospitalizations you have had** (type & date): \_\_\_\_\_

**Please list or attach any allergies** (medication/food/environmental, latex, etc): \_\_\_\_\_

**Do you exercise?**      Never    Daily    Weekly    Walks    Runs    Swims

**Smoking Status?**      Current Smoker    Former Smoker    Never a Smoker

**What is your daily/weekly intake of the following:**

Caffeine \_\_\_\_ cups/day    Alcohol \_\_\_\_ drinks/week    Cigarettes/Chew \_\_\_\_ packs/day    Marijuana \_\_\_\_ times/week

**Diet** :      \_\_\_\_ Junk Food (fast food & snacks)      \_\_\_\_ Processed (frozen or canned meals)  
               \_\_\_\_ Standard American (meats, potatoes, fats, desserts)      \_\_\_\_ Wholesome  
               \_\_\_\_ Vegetarian                                      \_\_\_\_ Raw Food                                      \_\_\_\_ Other: \_\_\_\_\_

**Women’s Health:** Last Menstrual Cycle: \_\_\_\_\_ Last Mammogram: \_\_\_\_\_

Number of Pregnancies: \_\_\_\_\_ Number of Children: \_\_\_\_\_ Number of Miscarriages: \_\_\_\_\_

Last Colonoscopy: \_\_\_\_\_ History of abnormal pap(s)? (circle) Yes No When? \_\_\_\_\_

**Men’s Health:** Last Prostate Exam: \_\_\_\_\_ Last Colonoscopy: \_\_\_\_\_

**I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health.**

**SIGNATURE:** \_\_\_\_\_ **RELATION:** \_\_\_\_\_ **DATE:** \_\_\_\_\_



1100 Wheaton Way Ste F, Bremerton, WA 98310  
 Phone (360) 621-2696 | Fax (844) 602-4646  
 www.TheManetteClinic.com

## Review of Systems

Please mark if you have experienced any of these symptoms:

Y	N	
		<b>Neurological</b>
<input type="checkbox"/>	<input type="checkbox"/>	Migraines
<input type="checkbox"/>	<input type="checkbox"/>	Headaches
<input type="checkbox"/>	<input type="checkbox"/>	Slurring of speech
<input type="checkbox"/>	<input type="checkbox"/>	Head injury
<input type="checkbox"/>	<input type="checkbox"/>	Seizure
<input type="checkbox"/>	<input type="checkbox"/>	Stroke
<input type="checkbox"/>	<input type="checkbox"/>	Disc disease
		<b>Eyes/Ears/Nose/Throat</b>
<input type="checkbox"/>	<input type="checkbox"/>	Altered taste/smell
<input type="checkbox"/>	<input type="checkbox"/>	Night blindness
<input type="checkbox"/>	<input type="checkbox"/>	Sore throat
<input type="checkbox"/>	<input type="checkbox"/>	Gingivitis
<input type="checkbox"/>	<input type="checkbox"/>	Nose bleeds
<input type="checkbox"/>	<input type="checkbox"/>	Sneezing fits
<input type="checkbox"/>	<input type="checkbox"/>	Ear infections
<input type="checkbox"/>	<input type="checkbox"/>	Sinus infections
<input type="checkbox"/>	<input type="checkbox"/>	Stuffy nose
<input type="checkbox"/>	<input type="checkbox"/>	Post nasal drip
<input type="checkbox"/>	<input type="checkbox"/>	Ear pain
<input type="checkbox"/>	<input type="checkbox"/>	Hearing change
<input type="checkbox"/>	<input type="checkbox"/>	Ringing in ears
		<b>Cardiovascular</b>
<input type="checkbox"/>	<input type="checkbox"/>	Chest pain
<input type="checkbox"/>	<input type="checkbox"/>	Palpitations – racing heart beat
<input type="checkbox"/>	<input type="checkbox"/>	Swelling in hands/feet
<input type="checkbox"/>	<input type="checkbox"/>	Anemia
<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath
<input type="checkbox"/>	<input type="checkbox"/>	Exercise intolerance
<input type="checkbox"/>	<input type="checkbox"/>	Chest tightness
		<b>Respiratory</b>
<input type="checkbox"/>	<input type="checkbox"/>	Recurrent respiratory infections
<input type="checkbox"/>	<input type="checkbox"/>	Asthma
<input type="checkbox"/>	<input type="checkbox"/>	Chest congestion
<input type="checkbox"/>	<input type="checkbox"/>	Wheezing
<input type="checkbox"/>	<input type="checkbox"/>	Lung disease
<input type="checkbox"/>	<input type="checkbox"/>	Cough
		<b>Musculoskeletal</b>
<input type="checkbox"/>	<input type="checkbox"/>	Joint pain
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis
<input type="checkbox"/>	<input type="checkbox"/>	Chronic pain
<input type="checkbox"/>	<input type="checkbox"/>	Muscle aches
<input type="checkbox"/>	<input type="checkbox"/>	Broken bones
<input type="checkbox"/>	<input type="checkbox"/>	Artificial joints
		<b>Weight</b>
<input type="checkbox"/>	<input type="checkbox"/>	Decreased appetite
<input type="checkbox"/>	<input type="checkbox"/>	Weight gain
<input type="checkbox"/>	<input type="checkbox"/>	Inability to lose weight
<input type="checkbox"/>	<input type="checkbox"/>	Food cravings
<input type="checkbox"/>	<input type="checkbox"/>	Binge eating
<input type="checkbox"/>	<input type="checkbox"/>	Water retention

Y	N	
		<b>Skin</b>
<input type="checkbox"/>	<input type="checkbox"/>	Eczema
<input type="checkbox"/>	<input type="checkbox"/>	Dermatitis
<input type="checkbox"/>	<input type="checkbox"/>	Excessive sweating
<input type="checkbox"/>	<input type="checkbox"/>	Rashes
<input type="checkbox"/>	<input type="checkbox"/>	Brittle nails
<input type="checkbox"/>	<input type="checkbox"/>	Hair loss
<input type="checkbox"/>	<input type="checkbox"/>	Easy bruising
<input type="checkbox"/>	<input type="checkbox"/>	Increased bleeding
<input type="checkbox"/>	<input type="checkbox"/>	Numbness/tingling
		<b>Genitourinary</b>
<input type="checkbox"/>	<input type="checkbox"/>	Uterine fibroids
<input type="checkbox"/>	<input type="checkbox"/>	Ovarian cysts
<input type="checkbox"/>	<input type="checkbox"/>	Cancer (breast, ovarian, prostate, uterine)
<input type="checkbox"/>	<input type="checkbox"/>	Prostate problems
<input type="checkbox"/>	<input type="checkbox"/>	Irregular periods
<input type="checkbox"/>	<input type="checkbox"/>	Menopause
<input type="checkbox"/>	<input type="checkbox"/>	Erectile Dysfunction
<input type="checkbox"/>	<input type="checkbox"/>	Sexual Difficulties
		<b>Emotional/Mental</b>
<input type="checkbox"/>	<input type="checkbox"/>	Depression
<input type="checkbox"/>	<input type="checkbox"/>	Anxiety
<input type="checkbox"/>	<input type="checkbox"/>	Mood swings
<input type="checkbox"/>	<input type="checkbox"/>	Irritability
<input type="checkbox"/>	<input type="checkbox"/>	Memory loss
<input type="checkbox"/>	<input type="checkbox"/>	Confusion
<input type="checkbox"/>	<input type="checkbox"/>	Mania
<input type="checkbox"/>	<input type="checkbox"/>	Suicidal thoughts
		<b>Energy</b>
<input type="checkbox"/>	<input type="checkbox"/>	Fatigue
<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity
<input type="checkbox"/>	<input type="checkbox"/>	Restlessness
<input type="checkbox"/>	<input type="checkbox"/>	Insomnia
<input type="checkbox"/>	<input type="checkbox"/>	Decreased libido
<input type="checkbox"/>	<input type="checkbox"/>	Stress
		<b>GI</b>
<input type="checkbox"/>	<input type="checkbox"/>	Stomach Pains or Cramping
<input type="checkbox"/>	<input type="checkbox"/>	Constipation
<input type="checkbox"/>	<input type="checkbox"/>	Reflux or Heartburn
<input type="checkbox"/>	<input type="checkbox"/>	Bloating
<input type="checkbox"/>	<input type="checkbox"/>	Gas
<input type="checkbox"/>	<input type="checkbox"/>	Nausea or Vomiting
<input type="checkbox"/>	<input type="checkbox"/>	Blood in stool
<input type="checkbox"/>	<input type="checkbox"/>	Black, tarry stool
<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea