



Phone 360-621-2696

1100 Wheaton Way Suite F & G Bremerton WA 98310

## New Patient Initial Intake Form

Name: \_\_\_\_\_  
Last First MI

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone # (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Other) \_\_\_\_\_

Can we call you at work?  Yes  No

Date of Birth: \_\_\_\_\_ Sex:  Male  Female SS#: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed  Separated  Minor  
What would you consider your race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

What is your preferred language: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Employer Phone: \_\_\_\_\_

How did you hear about our practice? \_\_\_\_\_

Emergency contact: Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Phone #: (H) \_\_\_\_\_ (W) \_\_\_\_\_

### *Insurance Information*

Do you have health insurance?  Yes  No Name of Carrier: \_\_\_\_\_

Do you have secondary insurance?  Yes  No Name of Carrier: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_ D.O.B. : \_\_\_\_\_

Relationship to patient (if other than self): \_\_\_\_\_ Phone # \_\_\_\_\_

**PLEASE PROVIDE THIS OFFICE WITH A COPY OF YOUR INSURANCE CARD(S)**



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# Health History

**PRESENTING PROBLEM:** \_\_\_\_\_

**Please check to indicate if you have ever had any of the following:**

- Aids/HIV
- Anemia
- Arthritis
- Blood Disease
- Cancer
- Cataracts
- Colds(frequent)
- Diabetes
- Digestive Problems
- Eczema
- Epilepsy
- Headaches
- Hepatitis
- Herniated Disc
- Herpes
- Hypertension
- High Cholesterol
- Kidney Disease
- Liver Disease
- Lyme
- Miscarriage
- Pneumonia
- Prostate Problems
- Rheumatoid Arthritis
- Stroke
- Tumors/Growth
- Tuberculosis
- Ulcers
- Urinary Tract Infections
- Venereal Disease

Please list any medications you are currently taking (**Be sure to include dosage/frequency**): \_\_\_\_\_

Please list any supplements you are currently taking (vitamins/herbs/minerals): \_\_\_\_\_

Please list any surgeries and/or hospitalizations you have had (**type & date**): \_\_\_\_\_

Please list any allergies (medication/food/insects,ect): \_\_\_\_\_

Do you exercise: Never Daily  Weekly Walks Runs Swims

**What is your daily/weekly intake of the following:**

Caffeine \_\_\_\_\_ cups/day Alcohol \_\_\_\_\_ drinks/week Cigarettes/Chew \_\_\_\_\_ packs/day

**Diet:** Junk Food (fast food & snacks)  Processed (frozen or canned meals)  Standard American (meats, potatoes, fats, desserts)  
 Wholesome  Vegetarian  Raw Food  Other \_\_\_\_\_

**Women's Health:** Last menstrual cycle: \_\_\_\_\_

Number of Pregnancies: \_\_\_\_\_ Number of Children: \_\_\_\_\_ Number of Miscarriages: \_\_\_\_\_

Any sexual difficulties? \_\_\_\_\_

**Men's Health:** Last Prostate Exam: \_\_\_\_\_

Any sexual difficulties? \_\_\_\_\_

I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health.

**SIGNATURE (X)** \_\_\_\_\_ **DATE** \_\_\_\_\_

## Review of Systems

Please mark if you have experienced any of these symptoms within the last month:

Y	N	
		<b>Neurological</b>
___	___	Migraines
___	___	Headaches
___	___	Slurring of speech
___	___	Ringing in Ear
		<b>Ear/Nose/Throat</b>
___	___	Altered taste/smell
___	___	Night Blindness
___	___	Sore Throat
___	___	Gingivitis
___	___	Nose bleeds
		<b>Cardiovascular</b>
___	___	Chest pain
___	___	Palpitations-racing heart beat
___	___	Swelling in hands/feet
___	___	Anemia
		<b>Respiratory</b>
___	___	Recurrent Respiratory Infections
___	___	Asthma
___	___	Chest Congestion
___	___	Wheezing
___	___	Frequent Sneezing
		<b>GI</b>
___	___	Stomach Pains or Cramping
___	___	Constipation
___	___	Reflux or Heartburn
___	___	Bloating
___	___	Gas
___	___	Nausea or Vomiting
		<b>Musculoskeletal</b>
___	___	Joint Pain
___	___	Arthritis
___	___	Chronic pain
___	___	Muscle Aches

Y	N	
		<b>Skin</b>
___	___	Eczema
___	___	Dermatitis
___	___	Excessive Sweating
___	___	Rashes
___	___	Brittle Nails
___	___	Hair Loss
___	___	Easy Bruising
___	___	Increased Bleeding
___	___	Numbness/tingling
		<b>Genitourinary</b>
___	___	Uterine fibroids
___	___	Ovarian cysts
___	___	Cancer (breast, ovarian, prostate, uterine)
___	___	Prostate problems
		<b>Emotional/Mental</b>
___	___	Depression
___	___	Anxiety
___	___	Mood Swings
___	___	Irritability
___	___	Memory Loss
___	___	Confusion
		<b>Energy</b>
___	___	Fatigue
___	___	Hyperactivity
___	___	Restlessness
___	___	Insomnia
___	___	Decreased Libido
___	___	Stress
		<b>Weight</b>
___	___	Decreased Appetite
___	___	Weight Gain
___	___	Inability to Lose Weight
___	___	Food Cravings
___	___	Binge Eating
___	___	Water Retention